

Water and Elevation:

Keep in mind that Boulder sits at 5,318 feet. If you are coming from a lower elevation, please be aware that some people can experience altitude sickness, which causes headaches, fatigue and dizziness. Staying hydrated helps with these symptoms, especially if you drink extra water before your arrival. There is a water bottle filler at the Mesa Lab - please consider bringing a reusable bottle with a lid for your visit.

Slack

If you have not already joined, please consider joining the #2023-cesm-tutorial Slack channel to connect with one another, before, during and after the tutorial. Reach out to Elizabeth Faircloth (fair@ucar.edu) for more details.

Recommended Transportation:

We strongly recommend using the RTD Bus to get from the airport to Boulder since it is free for the month!

<https://www.rtd-denver.com/zerofare>

The AB1 Bus will take you directly to campus, and it is a short walk to Baker Hall, as you can see on the map below.

If you need other options, you may consider booking an airport shuttle with this [link](#). EightBlack has set up a special rate of \$55 one way for UCAR visitors/employees. Please save all receipts for travel reimbursements. We will be in touch about this process at the end of the tutorial.

Lodging

You will have a room in Baker Hall that includes a towel set, fan and bed linens. Breakfast and dinner are included on campus, beginning with Breakfast on Monday and ending with Dinner on Friday.:

Center for Community Dining (C4C) Hall:

Breakfast - 7:00 am - 10:30 am

Dinner 4:30 pm – 6:30 pm

More details can be found [online](#).

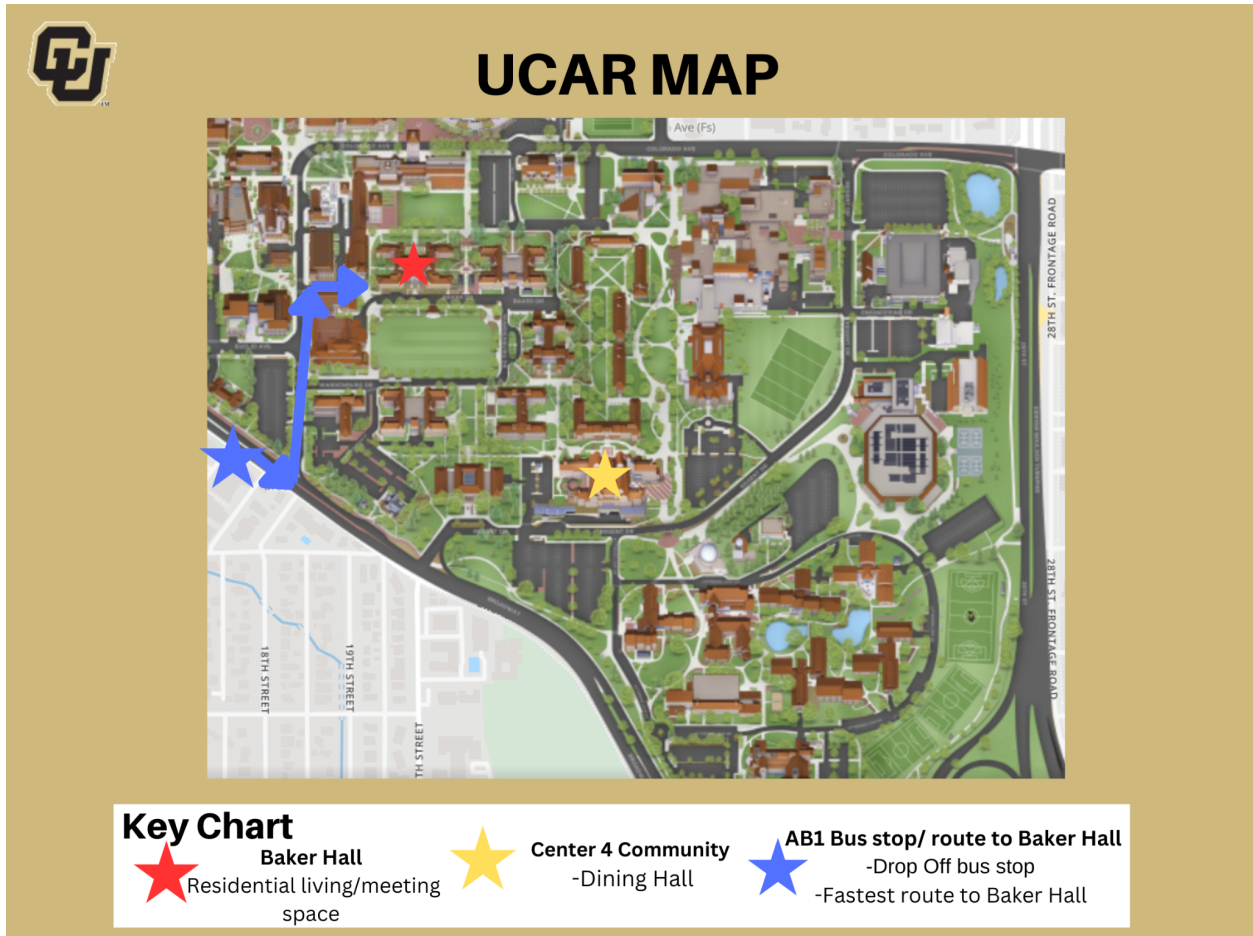
Transportation to the Mesa Lab

The CU Bus to/from campus and the Mesa Lab for the tutorial will leave and return each day from C4C, the Dining Hall. **The bus will pick up at 7:45 am on Monday, and at 8 am Tuesday - Friday, and take you to the Mesa Lab, 1850 Table Mesa Drive, Boulder.**

The bus drops off in the parking lot, and it is a short walk up a slight incline to the front of the Mesa Lab building.

As for lunch, you can bring food or purchase lunch at the Mesa Lab cafeteria, there are hot options, made-to-order sandwiches and a salad bar each day. They accept cash or credit.

Light refreshments and coffee / tea are provided each morning, and water is provided throughout the day at water fountains and in the cafeteria.



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Map of NCAR:

